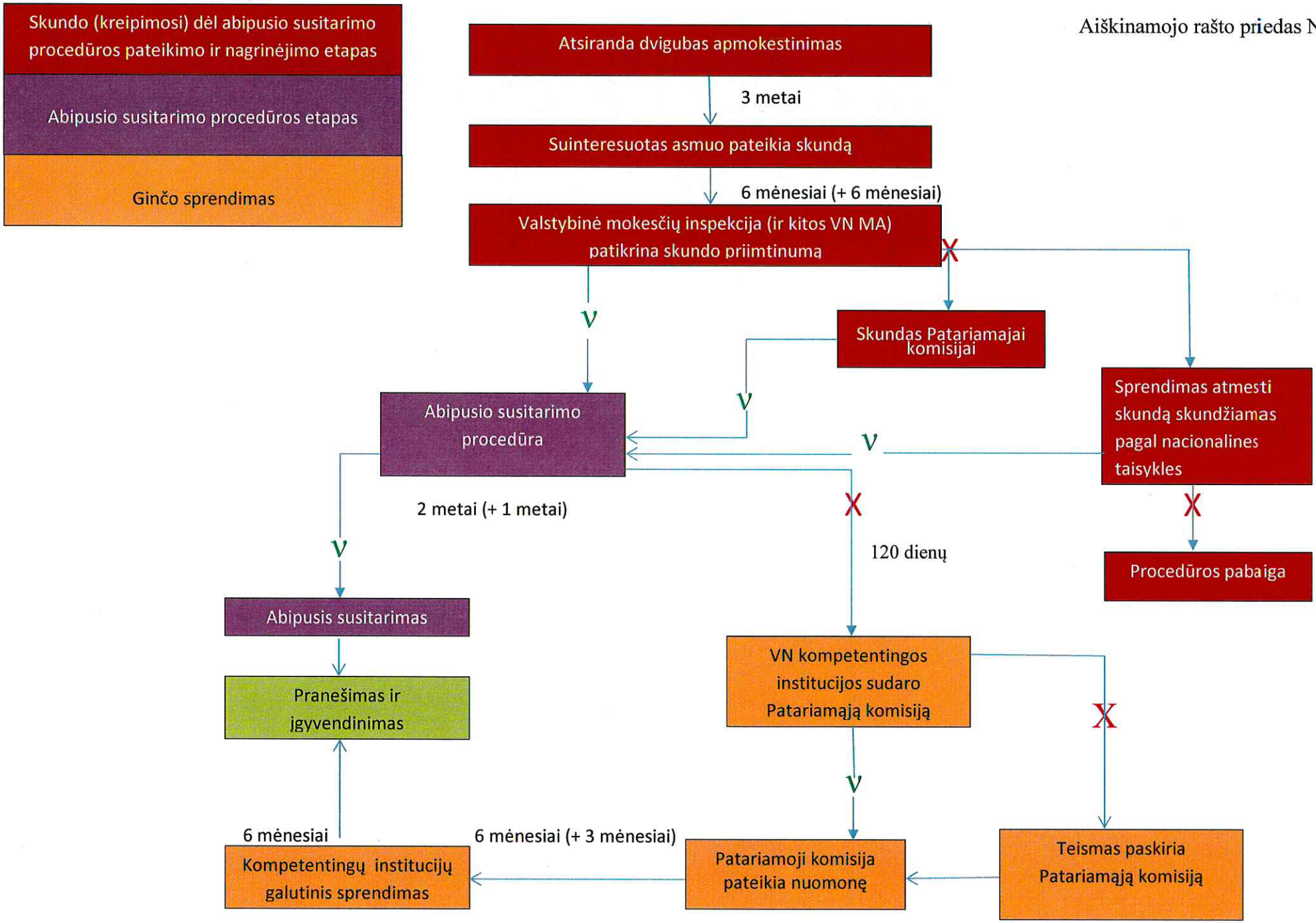Aiškinamojo rašto priedas Nr. 1